

Volunteer Enews—April 2005

3925 Plyers Mill Rd., Ste. 202, Kensington, MD 20895; 301.933.2700; fax 301.933.6030; www.rebuildingtogethermc.org

April Project Days — Get More Than You Give!

2,600 community volunteers will help us surpass 1,000 homes repaired. Ask anyone who volunteers for Rebuilding Together and you will hear over and over again, “I get far more from this than I could ever give,” but we’re not sure that’s true. The homeowner’s house becomes warmer, dryer and safer; the volunteer sees the physical, and often the emotional impact on this homeowner; the corporate sponsor has given back to their community; the church or synagogue has fulfilled one of their outreach/mission projects; the skilled tradesman is helping someone who couldn’t afford their help; ... the community is coming together to help a neighbor in need. Although your part may seem small, it’s very important because without each of us, the total end result would be impossible.

If you are already working on a house this April, thank you! If you are not currently with a group but would like to contribute, please fill out the volunteer form on our [website](#), fax or mail it in, and Susan will be in touch with you later in April to give you your assignment.

Volunteers Needed to Help With The 6th Annual Flannery Duathlon at Sugarloaf



The Flannery Duathlon at Sugarloaf will be held on **Sunday, May 15, 2005** at Poolesville High School, Poolesville, MD. The race start time is at 7:30 a.m. This is an event dedicated to the memory of Judy Flannery. Judy (1939-1997) was a life long Montgomery County resident, mother of five, five time World Duathlon Champion, and three-time Hawaiian Ironman Triathlon finisher.

The Flannery Duathlon at Sugarloaf benefits Rebuilding Together Montgomery County. We will need 50 individuals to help us Marshall the race — blowing up balloons, helping with food, directors on the course, chip collectors... and more. Please contact [Susan](#). For more information about the Duathlon or to register, go to our website at www.rebuildingtogethermc.org/flannery.html.

Hearts and Hands Joins Rebuilding Together

Two Montgomery County non-profits are formally joining forces in their efforts to address home repair and modification needs in situations where homeowners can no longer physically or financially do the repairs themselves. Hearts and Hands has been involved in the community since 1994 — Rebuilding Together Montgomery County was founded in 1990. Our monthly projects days will be known as “Hearts and Hands.” Please join us in our future joint work days—**Saturdays, May 21 and June 18**. Contact [Susan](#) to volunteer.



30th Annual Marine Corps Marathon—Rebuilding Together Montgomery County Named a Charity Partner



Has it been a lifelong dream of yours to run the Marine Corp Marathon? Now’s the time! By signing up to run with Rebuilding Together, not only will you be fulfilling your dream you will also be helping homeowners in need.

Rebuilding Together is grateful to have been accepted as a Charity Partner for the 2005 Marine Corps Marathon. As a Charity Partner, Rebuilding Together has received 50 slots for athletes and enthusiasts looking to fulfill their dream of completing the MCM in under 6 hours.

Join us on **October 30, 2005** for this event. Rebuilding Together asks that each participant raise \$1,000 to enable us to leverage volunteer labor to address extensive home repair items such as roofing, wheelchair ramps, plumbing, electrical, and the replacement of windows and doors as well as various types of assistive technology designed to make the activities of daily living easier, both for the homeowner and any caregivers. For more details and to register, please visit our [website](#).